



Spring Production Dress Rehearsal & Performance Guide

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Tickets

If you've not yet purchased tickets to see our spring production please follow this link to secure your seats today through Dance recital Ticketing: <https://1116.recitalticketing.com/r/events/>

- Mezzanine Seating: \$25
- Orchestra Seating: \$30

In Studio Dress Rehearsal (5/28 & 5/29)

In Studio Dress Rehearsal on 5/28 & 5/29 are for Lead Dancers and Dancers in the Intermediate & Advanced Level's. These dress rehearsals help both dancers and teachers get familiar with the flow of the show, quick changes and more. On Thursday 5/28, Elementary level dancers on the Performing Company Gold Team will join for the Act 1 Dress Rehearsal until 7:30 PM. Please arrive in your nude leotard, your hair in a classical bun secured with bobbi pins and a hairnet, all necessary shoes and a water bottle.

Class Dress Rehearsals (6/1- 6/6)

Class Dress Rehearsals will give dancers the opportunity to practice their dances in costume before “**Onstage Dress Rehearsal**” at Bedford High School Auditorium. Classes will meet during their regularly scheduled time, at NESD&T studios. These rehearsals are an important step in helping dancers feel confident and prepared for the performance.

Class Dress Rehearsal Checklist:

- Arrive at your regular class time wearing- A nude leotard & tights
- Hair in a classical bun secured with bobbi pins & hairnet (see hair & makeup guide below- no makeup necessary in studio)
- All necessary dance shoes
- Water bottle

*Please plan to arrive 15 minutes before your scheduled time, get your dancer prepared for their class time

Costume Distribution Week & Regular Classes (6/6-6/12)

This will be the final week of classes in our 25/26 season! Dancers will practice their routines in costume & together one last time before hitting the stage, so it is very important that all dancers attend all their normal classes this week. Costumes will be distributed the week after class dress rehearsals. Saturday classes will receive theirs on 6/6 following their class time. All tights, and accessories will be included with their costumes. Once costumes are packaged and brought home, some costumes may need steaming in order to remain fresh for the stage. Please be sure to look through your costumes before Onstage Dress Rehearsal to ensure all pieces are there and stage-ready!

Onstage Dress Rehearsal (6/13)

Bedford High School - 47 Nashua Road Bedford, NH

On June 13th “**Onstage Dress Rehearsal**” will be held at the Bedford High School Auditorium. This is your dancers opportunity to practice on stage with costumes, performance hair, makeup and technical elements prior to the performance on June 14th!

Arrival: Please enter through the Auditorium lobby entrance & sign your child in with an NESD&T Staff Member. If you have not volunteered and been assigned a position by the office in advance you will not be permitted backstage with your child. Additional volunteers are invited to contact nesdoffice@gmail.com in advance.

Dress Rehearsal Checklist:

- Arrive wearing your nude leotard [Linked Here](#) under tights
- Arrive with hair in a classical bun secured with bobbi pins & hairnet (see tutorial below)
- Arrive with Performance Makeup completed (see tutorial below)
- Bring all costumes, accessories & tights needed for the show (please remove unnecessary items from your dance bag)
- Bring all necessary shoes labeled with your dancers name inside (see “Costume Guide”)
- Water bottle
- We will have light, mess free snacks for the children in their dressing rooms but there will not be time for meals or additional food while backstage. The only people permitted to bring their own snack are those with an allergy and this should be communicated to our office in advance.

Dismissal: Students will be escorted out to the lobby at their dismissal time & must be signed out before leaving. Please wait in the sign in/out area until your child arrives with their helper.

Dress Rehearsal Schedule

9:00 - Preschool / Primary & Lead Dancers Call Time

9:30-11:00 - Preschool / Primary Dress Rehearsal

10:30 - Act 1 Call Time (Elementary - Advanced)

11:00 - Preschool / Primary Dismissal

11:00-1:30 - Act 1 (Elementary - Advanced)

1:00 - Act 2 Call Time (Elementary - Advanced)

2:00 - Act 1 Dismissal (Elementary - Advanced)

2:00-4:00 - Act 2 (Elementary - Advanced)

4:00 - Dismissal (Elementary - Advanced)

4:00 - PC Gold Team Production Dress Rehearsal

4:30 - PC Gold Team Dismissal

Performance (6/14)

Bedford High School - 47 Nashua Road Bedford, NH

Arrival: Please enter through the Auditorium lobby entrance & sign your child in with an NESD&T Staff Member. If you have not volunteered and been assigned a position by the office in advance you will not be permitted backstage with your child. Additional volunteers are invited to contact nesdoffice@gmail.com in advance.

Show Day Checklist:

- Arrive wearing your nude leotard ([linked here](#)) **under** your first pair of tights worn in the production order (Preschool & Primary should wear tan tights under nude leotard for comfort & ease & pink tights over nude leotard) a zip up sweatshirt & athletic pants over.
- Arrive with hair in a classical bun secured with bobbi pins & hairnet (see hair & makeup guide)
- Arrive with Performance Makeup completed (see tutorial & checklist below)
- Bring all costumes, accessories & tights needed for the show (please remove unnecessary items from your dance bag)
- Bring all necessary shoes labeled with your dancers name inside (see "Costume Guide")
- Water bottle
- We will have light, mess free snacks for the children in their dressing rooms but there will not be time for meals or additional food while backstage. The only people permitted to bring their own snack are those with an allergy and this should be communicated to our office in advance.

Dismissal: Students will be escorted out to the lobby after the performance has concluded in their final costume and must be signed out before leaving. Please wait in the sign in/out area until your child arrives with their helper.

Performance Schedule

12:00 - Inter - Advanced Call Time & Check In

1:00 - Preschool, Primary & Elementary Call Time & Check In

1:30 - Lobby Opens (be sure to have your tickets printed or available on your phone for proof of purchase)

2:00 - Show Begins!

Approximately 4:15 - All dancers, check out

Costume, Hair & Makeup Guide by Level

Costume Care

- Keep costume hanging up & in a garment bag or plastic cover
- If wrinkled, use a steamer or hang it in the bathroom during a hot shower to release wrinkles
- Do not wear the costume outside of dress rehearsal & performance

Performance Hair Tutorial

- **Preschool & Primary:** <https://www.youtube.com/watch?v=j2KludY62E4>
- **Elementary, Int & Adv:** <https://www.youtube.com/watch?v=jPlalloWNdM>
- Brush & Comb
- Hair tie
- Bobbi pins / hair pins
- Hairnet
- Gel & or Hairspray

Performance Makeup Tutorials

- **Preschool & Primary:** <https://www.youtube.com/watch?v=N4d4De1KRll>
- **Elementary, Int & Adv:** <https://www.youtube.com/watch?v=l3wnSeSehWs>
- Liquid foundation
- Neutral eyeshadow pallet (light, medium & dark browns for crease)
- Black eyeliner
- Mascara (fake lashes for Int/Adv)
- Blush
- Red lipstick (preferred brand & shade - L'oreal "British Red")

Preschool Level





Performance Hair: <https://www.youtube.com/watch?v=i2KludY62E4>

- Brush & Comb
- Hair tie
- Bobbi pins / hair pins
- Hairnet
- Gel & or Hairspray

Performance Makeup: <https://www.youtube.com/watch?v=N4d4De1KRll>

- Liquid foundation
- Neutral eyeshadow pallet (light, medium & dark browns for crease)
- Black eyeliner
- Mascara (fake lashes for Int/Adv)
- Blush
- Red lipstick (preferred brand & shade - L'oreal "British Red")

Undergarments: [Linked Here](#)

Wednesday Class	
Wednesday Ballet "Rapunzel's Paintings"	Wednesday Tap "Bunnies"
 <p>Pink Tights (included in bag) Ballet Shoes</p>	 <p>Tan Tights (included in bag) Tap Shoes (Tan)</p>
Saturday Class	
Saturday Ballet "Butterflies"	Saturday Tap "Ducklings"
 <p>Pink Tights (included in bag) Ballet Shoes</p>	 <p>Tan Tights (included in bag) Tap Shoes (Tan)</p>

Primary Level

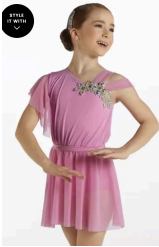
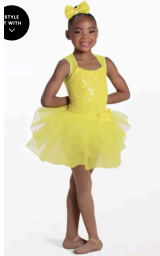




Performance Hair: <https://www.youtube.com/watch?v=i2KludY62E4>

- Brush & Comb
- Hair tie
- Bobbi pins / hair pins
- Hairnet
- Gel & or Hairspray

Performance Makeup: <https://www.youtube.com/watch?v=N4d4De1KRll>

- Liquid foundation
- Neutral eyeshadow pallet (light, medium & dark browns for crease)
- Black eyeliner
- Mascara (fake lashes for Int/Adv)
- Blush
- Red lipstick (preferred brand & shade - L'oreal "British Red")

Undergarments: [Linked Here](#)

Tuesday Classes		
<p>Tuesday Ballet "Ribbon Dancers"</p> 	<p>Tuesday Jazz "When Will My Life Begin"</p> 	<p>Tuesday Tap "Sunshine"</p> 
<p>Sparkle Barrette Pink Tights (included in bag) Ballet Shoes</p>	<p>Rhinestone Pouf Headpiece Tan Tights (included in bag) Jazz Shoes (Tan)</p>	<p>Sparkle Bow with Sunflower Headpiece Tan Tights (included in bag) Tap Shoes (Tan)</p>
Saturday Classes		
<p>Saturday Ballet "Bluebirds"</p> 	<p>Saturday Jazz "When Will My Life Begin"</p> 	<p>Saturday Tap "Sunshine"</p> 
<p>Pink Tights (included in bag) Ballet Shoes</p>	<p>Rhinestone Pouf Headpiece Tan Tights (included in bag) Jazz Shoes (Tan)</p>	<p>Sparkle Bow with Sunflower Headpiece Tan Tights (included in bag) Tap Shoes (Tan)</p>

Elementary Level



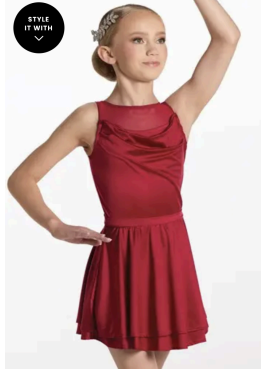
Performance Hair: <https://www.youtube.com/watch?v=j2KludY62E4>

- Brush & Comb
- Hair tie
- Bobbi pins / hair pins
- Hairnet
- Gel & or Hairspray

Performance Makeup: <https://www.youtube.com/watch?v=N4d4De1KRll>

- Liquid foundation
- Neutral eyeshadow pallet (light, medium & dark browns for crease)
- Black eyeliner
- Mascara (fake lashes for Int/Adv)
- Blush
- Red lipstick (preferred brand & shade - L'oreal "British Red")

Undergarments: [Linked Here](#)

<p>Monday Triple Threat "At Last I See The Light"</p> 	<p>Monday Ballet "Flowers For The Lost Princess"</p> 	<p>Monday Contemporary "Fire"</p> 
<p>Pink Tights (included in bag) Ballet Shoes</p>	<p>Pink Tights (included in bag) Ballet Shoes</p>	<p>Tan Tights (included in bag) Bare Feet</p>

<p>Tuesday Hip Hop "Bad Guys"</p> 	<p>Tuesday Jazz "Mother Knows Best"</p> 	<p>Tuesday Ballet "Villagers"</p> 
<p>Tan Tights (included in bag) Black/White Sneakers</p>	<p>Tan Tights (included in bag) Jazz Shoes (Tan)</p>	<p>Pink Tights (included in bag) Ballet Shoes</p>
<p>Tuesday Tap "Sparks"</p> 	<p>Tuesday Acro "Pascals Friends"</p> 	<p>Wednesday Theater Dance "I Have A Dream"</p> 
<p>Tan Tights (included in bag) Tap Shoes (Black)</p>	<p>Tan Tights (included in bag) Bare Feet</p>	<p>Tan Tights (included in bag) Bare Feet</p>
<p>Wednesday Tap "Flames"</p> 	<p>Saturday Ballet "Palace Cavalry"</p> 	
<p>Tan Tights (included in bag) Tap Shoes (Black)</p>	<p>Pink Tights (included in bag) Ballet Shoes</p>	

Intermediate Level

Performance Hair: <https://www.youtube.com/watch?v=jPlalloWNdM>



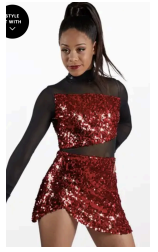


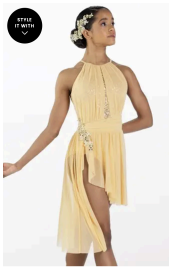
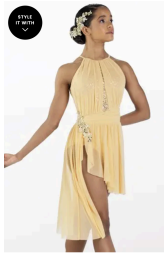
- Brush & Comb
- Hair tie
- Bobbi pins / hair pins
- Hairnet
- Gel & or Hairspray

Performance Makeup: <https://www.youtube.com/watch?v=l3wnSeSehWs>

- Liquid foundation
- Neutral eyeshadow pallet (light, medium & dark browns for crease)
- Black eyeliner
- Mascara (fake lashes for Int/Adv)
- Blush
- Red lipstick (preferred brand & shade - L'oreal "British Red")

Undergarments: [Linked Here](#)

<p>Monday Ballet "The Golden Flower Blooms"</p> 	<p>Monday Triple Threat "At Last I See the Light"</p> 	<p>Monday Tap "Village Musicians"</p> 
<p>Pink Tights (included in bag) Ballet Shoes</p>	<p>Tan Tights (included in bag) Bare Feet</p>	<p>Tan Tights (included in bag) Tap Shoes (Black)</p>

<p>Tuesday Hip Hop "Bad Guys"</p> 	<p>Tuesday Contemporary "The Flood"</p> 	<p>Tuesday Jazz "Palace Guards"</p> 
<p>Tan Tights (included in bag) Black/White Sneakers Solid Colored Sweatshirts No Decals or Words</p>	<p>Tan Tights (included in bag) Bare Feet</p>	<p>Tan Tights (included in bag) Jazz Shoes (Tan)</p>
<p>Tuesday Acro "Mother Knows Best"</p> 	<p>Wednesday Theater Dance "I Have A Dream"</p> 	<p>Wednesday Pointe "Lanterns"</p> 
<p>Tan Tights (included in bag) Bare Feet</p>	<p>Tan Tights (included in bag) Bare Feet</p>	<p>Pink Tights (included in bag) Pointe/Demi-Pointe Shoes</p>
<p>Wednesday Ballet "The Golden Flower Blooms"</p> 		
<p>Pink Tights (included in bag) Ballet Shoes</p>		

Advanced Level

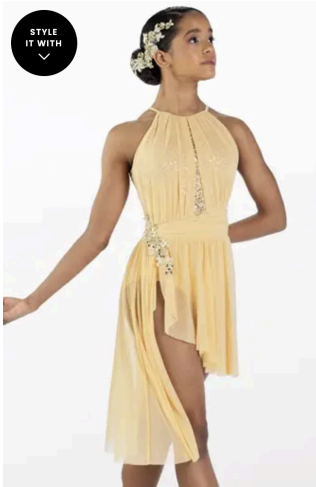


Performance Hair: <https://www.youtube.com/watch?v=jPlalloWNdM>






- Brush & Comb
- Hair tie
- Bobbi pins / hair pins
- Hairnet
- Gel & or Hairspray

Performance Makeup: <https://www.youtube.com/watch?v=l3wnSeSehWs>

- Liquid foundation
- Neutral eyeshadow pallet (light, medium & dark browns for crease)
- Black eyeliner
- Mascara (fake lashes for Int/Adv)
- Blush
- Red lipstick (preferred brand & shade - L'oreal "British Red")

Undergarments: [Linked Here](#)

<p style="text-align: center;">Monday Ballet "Rapunzel's Dreams"</p> 	<p style="text-align: center;">Monday Triple Threat "At Last I See the Light"</p> 	<p style="text-align: center;">Monday Jazz "Palace Guards"</p> 
<p style="text-align: center;">Pink Tights (included in bag) Ballet Shoes</p>	<p style="text-align: center;">Tan Tights (included in bag) Bare Feet</p>	<p style="text-align: center;">Tan Tights (included in bag) Jazz Shoes (Tan)</p>

<p>Tuesday Hip Hop "Bad Guys"</p>  <p>STYLE IT WITH ▼</p>	<p>Tuesday Contemporary "The Flood"</p>  <p>STYLE IT WITH ▼</p>	<p>Tuesday Tap "Village Musicians"</p>  <p>STYLE IT WITH ▼</p>
<p>Tan Tights (included in bag) Black/White Sneakers Solid Colored Sweatshirts No Decals or Words</p>	<p>Tan Tights (included in bag) Bare Feet</p>	<p>Tan Tights (included in bag) Tap Shoes (Black)</p>
<p>Wednesday Pointe "Lanterns"</p>  <p>STYLE IT WITH ▼</p>	<p>Wednesday Theater Dance "I Have A Dream"</p>  <p>STYLE IT WITH ▼</p>	<p>Wednesday Acro "Mother Knows Best"</p>  <p>STYLE IT WITH ▼</p>
<p>Pink Tights (included in bag) Pointe Shoes</p>	<p>Tan Tights (included in bag) Bare Feet</p>	<p>Tan Tights (included in bag) Bare Feet</p>